

GLUTEN FREE

OUR GRAVY CONTAINS GLUTEN, SO OUR MASHED POTATOES WILL NOT BE SERVED WITH GRAVY. MASHED POTATOES CAN ALSO BE SUBSTITUTED FOR A SALAD, VEGETABLES OR BASMATI RICE

ENTRÉE SIZED SALADS

AHI TUNA SALAD

seared rare tuna, avocado, ripe mango, organic field greens & cilantro ginger vinaigrette. 16.99

LUNCH PLATES

LUNCH GRILL*

7 oz cab® top sirloin with parsley butter, watercress salad and mashed potatoes. 18.99

LUNCH SALMON

west coast salmon grilled medium-moist with almond cranberry brown butter served with aromatic rice & tzatziki. 18.99

ENTRÉES

CRANBERRY ALMOND SALMON*

grilled medium-moist with almond cranberry brown butter served with mashed potatoes & seasonal vegetables. 21.99

ROTISSERIE CHICKEN*

the most succulent chicken you've ever tasted served with mashed potatoes & seasonal vegetables. 19.49

BABY BACK BARBEQUED RIBS*

slowly braised in spicy honey barbeque sauce, with mashed potatoes & seasonal vegetables.

half 19.49 full 24.49

ROTISSERIE CHICKEN & RIB COMBO*

1/4 chicken & a half-rack of ribs with mashed potatoes & seasonal vegetables. 22.99

BOMBAY BUTTER CHICKEN

(no naan or pompadom) served with toasted almond basmati rice. 16.99

STEAKS

CAB® TOP SIRLOIN*

considered to be the most flavourful steak. 7 oz 21.99 9 oz 23.99

STEAK & GRILLED PRAWNS*

butterflied prawns & 7 oz cab® top sirloin. 28.99

BEEF TENDERLOIN*

the ultimate in tenderness. 7 oz centre cut fillet mignon. 28.99

NEW YORK*

12 oz striploin. the king of new york. 29.99

Our steaks are served with mashed potatoes and seasonal vegetables.

+ACCESSORIES

+ grilled prawn skewer 6.99

+ seasonal vegetables 3.99

+ peppercorn sauce 2.99

+ almond basmati rice 1.99